

## Cost

2 full days                      £168.00

Deposit of £50 to book place

Certificate presented after the completion of your case studies, and the individual session.

I like all my students to feel comfortable and confident in becoming a Reiki practitioner. By working with your case studies, this is one way for you to achieve this

Students will need to provide a packed lunch on both days, drinks will be provided.

To book your place, contact  
**Roger Goddard**  
01522 539649

Please note, if you have not taken Reiki One with Yvette, before booking your place on this course, please make an appointment by phoning 0152 539649

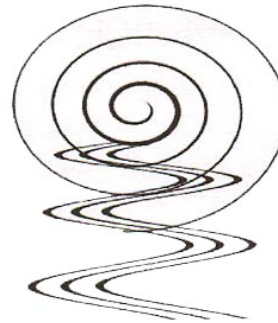


The universal energy is very powerful. When you ask it to help guide and show you, your purpose and its understandings, it will open

up to show you many wonderful things. May this energy be with *you* always. Discover what you wish and allow yourself to be open to *you* and the energies around you.

And if this course is not for you perhaps you may like to try our other holistic treatments and therapies. You may also wish to enquire about our:

- Talks
- Courses
- Workshops/Classes
- School Events
- Pamper Evenings
- Corporate events



# Red Hall Clinic

## Reiki Two



Living Naturally, Harmoniously  
& Smartly Every Day

2 Day Courses  
Saturday/Sunday

9.30am to 5.00pm

10<sup>th</sup> and 11<sup>th</sup> April 2010

At  
Red Hall Clinic  
Red Hall Drive  
Bracebridge Heath  
Lincoln LN4 2JT

With  
**Reiki Master**  
Yvette Karan

Reiki Two isn't just about becoming a practitioner, as some of you may not want to take this step. To be able to share and give the energy to your friends and family it is equally important for you to participate in Reiki Two.

When giving Reiki One to yourself the purpose may have been to heal, to get to know yourself, and to be *with the Reiki*. Some may say it is about an understanding of you and the power of the energy itself.

A great saying  
“*we all have the power to heal ourselves*”  
And another  
“*if only we knew how*”.

Each and every one of us has the power heal within ourselves; to problem seems to be, “how do we do this”.

Reiki Two enables you to be more connected. It is about developing and reinforcing your connection to the energy. With time and experience you can learn how to heal yourself and thus help others to see and feel how the power of Reiki Two works.

The course covers two whole days

- \* Acknowledgement of previous Reiki experience.
- \* Introduction to level 2.

- \* Your understanding of Reiki and your intent for the future.
- \* Explanation of the origin, meanings, and applications of the Level 2 symbols.
- \* Meditation and Attunement to Level 2.
- \* Learning Reiki symbols, including paired work to *feel* the symbols.
- \* Discuss intention and the intuitive self.
- \* To give and receive a Reiki treatment.
- \* Advanced techniques.
- \* Distant healing.
- \* Information on the legal aspects, client records, insurance, and other considerations.
- \* Full manual supplied, and help with your technique.

In order to complete the course, it will be necessary for each student to carry out three case studies.

Each case study will comprise three treatments, with a period of at least 7 days between treatments.

It is important to vary your case studies as knowing a person well does not always work.

In all case studies the person must be over 18 years of age.

The student will be expected to take a full medical history prior to the first treatment, with updates prior to each treatment.

Feedback sheets must be completed and returned to you prior to the next treatment.

It is important to note that Yvette is always available to answer any questions throughout the period of your case studies.

If required, Therapy Room at Red Hall Clinic can be made available.

On completion of the case studies, each student will be offered an individual session to answer any final questions, and to ensure that he/she fully understands the principles and practice of Reiki Two