

Crystal Therapy Practitioners course

A one year course aimed at students who wish to have a thorough understanding of crystals for themselves or so that they can gain insurance and practice at professional level. The course is held over six two-day sessions. The one-year course offers a qualification to Certificate Level enabling the student to practice professionally but a second (Diploma Level) year is also available to those wishing to take their knowledge and understanding a stage further.

Module 1 – Introduction to Working with Crystals

- Describe what Crystal Therapy is simply and easily to a layman.
- Put together a presentation that explains how crystals work.
- Why do crystals need cleansing?
- How can you cleanse them?
- What are the benefits and disadvantages of various methods?
- What does charging or energising a crystal entail?
- List methods for charging
- What is programming or attuning?
- What procedures should be followed each time you work with crystals?
- Describe the following techniques:
 - a) Pyramid; b) Seal of Solomon
- Explain centering and grounding. Give at least three methods that aid these processes
- three simple layouts that can be used for balancing, grounding, healing, etc.

Module 2 – Crystallography

- Describe the basic make-up of the earth (core, mantle, etc) and either draw or write about how the Rock Cycle works.
- Present simple diagrams of each main crystal system and give examples of crystals which take each form.
- For each crystal named, give the chemical formula and the place in the world where the substance is commonly found.
- Explain the Moh's scale, giving crystal examples for each level.
- Complete a minimum of five Crystal Attunement Sheets.
- Be able to understand and operate within Health & Safety Guidelines.

Module 3 – Subtle Energy Systems of the Body

- Know the positions, functions and symptoms of disfunction of the chakras.
- Know the methods of using crystals with chakras.
- Understand the Subtle Body System and how to work with it using crystals.
- Know the placement and correspondence of meridians and how to work with them.
- Know the ways of protecting and clearing the aura.

Module 4 – Practicalities of Healing

- Know at least three relaxation techniques and how to introduce them to clients.

- Know ways to restore everyday consciousness and awareness to an individual after a healing session.
- Know methods to earth and centre an individual.
- Understand healing crises and how to deal with them.

Module 5 – Crystal Healing

- Know how to prepare both yourself and a client for crystal healing.
- Understand and explain different theories about how crystal healing works
- Understand how to keep accurate records and case histories.
- Create your own consultation form.
- Know crystal healing techniques other than those used on the subtle energy systems
- Use of crystals in absent or distant healing session.
- Self healing with crystals.

Module 6 – Revision and Free Choice

Topics are chosen by the group but could include any of the following:

- Sacred geometry and crystals
- Gem essences
- Colour and crystals
- Space setting and clearing with crystals
- Energised sprays and creams with crystals.

To book your place please call Red Hall Clinic on 01522 539649